

**Meisies****14 15 16 17 19**

Finaal 100m	16:10(51)	16:13(63)	16:16(56)	16:19(57)	16:22(58)
Finaal 200m	18:30(100)	18:38(105)	18:46(107)	18:54(110)	19:02(112)
Finaal 400m	20:15(125)	20:21(127)	20:27(129)	20:33(131)	20:39(133)
Finaal 800m	15:15(32)	15:25(34)	15:35(41)	15:45(43)	15:55(45)
Finaal 1500m	19:15(114)	19:27(116)	19:39(119)	19:57(121)	20:03(123)
Finaal 3000m			14:00(6)	17:00(78)	
Finaal 90m Hekkie	17:35(83)	17:40(84)			
Finaal 100m Hekkie		17:50(88)	17:55(89)	18:05(95)	
Finaal 300m Hekkie	15:06(31)	14:58(25)			
Finaal 400m Hekkie		14:50(23)	14:46(21)	14:42(18)	
Finaal Hoogspring	14:00(4)B	17:00(73)B	15:00(26)B	18:00(94)B	14:00(9)A
Finaal Verspring	14:45(19)B	17:45(86)B	16:15(55)B	14:45(20)A	15:30(40)B
Finaal Driesprong			17:00(76)A	18:30(103)B	
Finaal Gewigstoot	18:00(90)	16:00(46)	17:00(74)	14:00(7)	15:00(28)
Finaal Diskusgooi	16:50(69)	18:10(96)	15:30(39)	19:30(117)	16:10(52)
Finaal Spiesgooi	15:30(35)	14:30(13)	13:30(2)	16:30(62)	17:30(81)
Finaal 4X100m Aflos	20:45(135)	20:57(138)	20:57(139)	21:04(141)	21:10(143)

**Seuns 14 15 16 17 19**

Finaal 100m	16:25(59)	16:31(63)	16:37(65)	16:43(67)	16:50(70)
Finaal 200m	18:34(104)	18:42(106)	18:50(108)	18:58(111)	19:06(113)
Finaal 400m	20:18(126)	20:24(128)	20:30(130)	20:36(132)	20:42(134)
Finaal 800m	15:20(33)	15:30(37)	15:40(42)	15:50(44)	16:00(49)
Finaal 1500m	19:21(115)	19:33(118)	19:45(120)	19:57(122)	20:09(124)
Finaal 3000m				14:15(12)	17:15(79)
Finaal 100m Hekkies	17:45(85)	18:00(92)			
Finaal 110m Hekkies			18:10(97)	18:15(98)	18:20(99)
Finaal 300m Hekkies	15:02(30)	14:54(24)			
Finaal 400m Hekkies			14:38(17)	14:34(16)	14:30(15)
Finaal Hoogspring	17:00(72)A	18:00(93)A	16:00(47)B	16:00(48)A	15:00(29)A
Finaal Verspring	16:15(54)A	15:30(38)A	17:00(75)B	14:00(8)B	14:00(10)A
Finaal Driesprong				18:30(102)A	17:45(87)A
Finaal Gewigstoot	18:00(91)	14:00(5)	15:00(27)	17:00(77)	16:00(50)
Finaal Diskusgooi	13:30(1)	14:50(22)	14:10(11)	17:30(80)	18:50(109)
Finaal Spiesgooi	15:30(36)	16:30(61)	18:30(101)	14:30(14)	13:30(3)
Finaal 4X100m Aflos	20:48(136)	20:54(137)	21:01(140)	21:07(142)	21:13(144)