

Byeenkoms :2019_INTERHUIS by AFFIES op 2019/01/14

| Meisies | 14 | 15 | 16 | 17 | 19 |
|---------------------|-------------|-------------|-------------|-------------|-------------|
| Finaal 100m | 09:28(30) | 09:35(33) | 09:42(35) | 09:49(38) | 09:56(40) |
| Finaal 200m | 12:02(78) | 12:10(80) | 12:18(84) | 12:26(86) | 12:34(92) |
| Finaal 400m | 13:47(112) | 13:57(114) | 14:07(118) | 14:17(120) | 14:27(123) |
| Finaal 800m | 10:52(60) | 11:06(65) | 11:20(68) | 11:34(72) | 11:48(76) |
| Finaal 1500m | 12:42(94) | 12:55(96) | 13:08(99) | 13:21(106) | 13:34(109) |
| Finaal 3000m | | | | 07:00(1) | 07:30(3) |
| Finaal 90m Hekkies | 10:05(44) | 10:08(48) | | | |
| Finaal 100m Hekkies | | | 10:17(51) | 10:21(52) | 10:30(54) |
| Finaal 300m Hekkies | 08:30(6) | 08:39(16) | | | |
| Finaal 400m Hekkies | | | 08:45(17) | 08:50(18) | 08:55(19) |
| Finaal Hoogspring | 09:15(23)B | 10:00(42)B | 14:45(126)A | 13:15(100)A | 14:00(115)A |
| Finaal Verspring | 10:54(61)A | 14:54(130)B | 09:18(27)B | 12:30(87)B | 11:42(74)A |
| Finaal Driesprong | | | | 08:30(8)A | 10:06(46)A |
| Finaal Gewigstoot | 13:18(105)B | 14:20(121)B | 10:45(58)B | 09:30(31)B | 08:30(13)B |
| Finaal Diskusgooi | 13:45(111) | 09:15(25) | 08:30(10) | 14:30(124) | 10:45(57) |
| Finaal Spiesgooi | 12:30(90)B | 13:30(108)B | 09:45(37)B | 08:30(11)B | 11:30(71)B |
| Finaal 4X100m Aflos | 14:45(127) | 14:55(132) | 15:05(134) | 15:15(136) | 15:25(138) |

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| Seuns | 14 | 15 | 16 | 17 | 19 |
|---------------------|------------|-------------|-------------|-------------|-------------|
| Finaal 100m | 09:31(32) | 09:38(34) | 09:45(36) | 09:52(39) | 09:59(41) |
| Finaal 200m | 12:06(79) | 12:14(81) | 12:22(85) | 12:30(89) | 12:38(93) |
| Finaal 400m | 13:52(113) | 14:02(116) | 14:12(119) | 14:22(122) | 14:32(125) |
| Finaal 800m | 10:59(63) | 11:13(66) | 11:27(69) | 11:41(73) | 11:55(77) |
| Finaal 1500m | 12:49(95) | 13:02(98) | 13:15(101) | 13:28(107) | 13:41(110) |
| Finaal 3000m | | | | 07:15(2) | 07:45(5) |
| Finaal 100m Hekkies | 10:14(49) | 10:26(53) | | | |
| Finaal 110m Hekkies | | | 10:35(55) | 10:41(56) | 10:46(59) |
| Finaal 300m Hekkies | 08:34(15) | 09:02(20) | | | |
| Finaal 400m Hekkies | | | 09:09(21) | 09:14(22) | 09:21(29) |
| Finaal Hoogspring | 08:30(7)A | 09:15(24)A | 10:15(50)A | 11:15(67)A | 12:15(82)A |
| Finaal Verspring | 10:54(62)B | 10:06(45)B | 13:18(103)B | 13:18(104)A | 09:18(28)A |
| Finaal Driesprong | | | 08:30(9)B | 12:30(88)A | 14:54(131)A |
| Finaal Gewigstoot | 11:42(75)A | 12:30(91)A | 08:30(14)A | 10:06(47)A | 14:06(117)A |
| Finaal Diskusgooi | 07:30(4) | 10:00(43) | 11:30(70) | 12:15(83) | 13:00(97) |
| Finaal Spiesgooi | 11:00(64)A | 13:15(102)A | 09:15(26)A | 14:45(128)A | 08:30(12)A |
| Finaal 4X100m Aflos | 14:50(129) | 15:00(133) | 15:10(135) | 15:20(137) | 15:30(139) |