

PROGRAM

Prestasie-punte: ABSA_2007 tabel, Handtyd, Hoogte bo seevlak=1200

Nr	Tyd	Put	Item	Volg	Nota
1	13:30		Finaal Dogters 14 300m Hekkies	Rekord=(ZD17: MARZAAN LOOTS,AHMP,2015,47.35)	76.2cm
Loting AHMP;WAT;NELS;KEMP					
2	13:30	B	Finaal Dogters 14 Hoogspring	Rekord=(ZD17: J DU PLESSIS,MON,2010,1.70)	
Loting WAT;NELS;AHMP;KEMP					
3	13:30	A	Finaal Dogters 16 Hoogspring	Rekord=(ZD17: FRANCES SEELIGER,AHMP,2010,1.70)	
Loting AHMP;KEMP;NELS;WAT					
4	13:30	B	Finaal Dogters 17 Verspring	Rekord=(ZD17: JANET SEELIGER,AHMP,2012,5.45)	
Loting AHMP;KEMP;NELS;WAT					
5	13:30	A	Finaal Seuns 19 Verspring	Rekord=(ZD17: FREDRIECH PRETORIUS,AHS,2013,7.23)	
Loting GREY;AHS;WAT;NELS;KEMP					
6	13:30		Finaal Seuns 15 Diskusgooi	Rekord=(ZD17: JANDRE SLABBERT,AHS,2010,58.19)	1kg
Loting NELS;WAT;AHS;GREY;KEMP					
7	13:30	A	Finaal Dogters 14 Spiesgooi	Rekord=(ZD17: LUKA GREYLING,AHMP,2015,37.35)	500g
Loting AHMP;NELS;KEMP;WAT					
8	13:30	B	Finaal Seuns 14 Spiesgooi	Rekord=(ZD17: STEFAN VAN DER BANK,NELS,2013,55.05)	600g
Loting WAT;KEMP;NELS;AHS;GREY					
9	13:30	B	Finaal Seuns 16 Gewigstoot	Rekord=(ZD17: Herman Agenbag,GREY,2016,16.87)	5kg
Loting AHS;WAT;NELS;GREY;KEMP					
10	13:30	A	Finaal Seuns 17 Gewigstoot	Rekord=(ZD17: BURGER LAMBRECHTS,GARS,2015,19.81)	5kg
Loting WAT;GREY;KEMP;NELS;AHS					
11	13:36		Finaal Dogters 15 300m Hekkies	Rekord=(ZD17: ZENEY VAN DER WALT,AHMP,2015,45.33)	76.2cm
Loting WAT;NELS;KEMP;AHMP					
12	13:41		Finaal Seuns 14 300m Hekkies	Rekord=(ZD17: DIAN KOCH,KEMP,2011,41.88)	76.2cm
Loting KEMP;GREY;AHS;WAT;NELS					
13	13:46		Finaal Dogters 16 400m Hekkies	Rekord=(ZD17: AASCAN SONNEKUS,KEMP,2012,1:03.46)	76.2cm
Loting WAT;AHMP;KEMP;NELS					
14	13:51		Finaal Dogters 17 400m Hekkies	Rekord=(ZD17: CHRIZANNE FORSSMAN,GARS,2012,1:04.69)	76.2cm
Loting KEMP;WAT;NELS;AHMP					
15	13:56		Finaal Dogters 19 400m Hekkies	Rekord=(ZD17: BELINDI VAN DER MERWE,WAT,2016,1:02.60)	76.2cm
Loting WAT;KEMP;NELS;AHMP					
16	14:02		Finaal Seuns 15 300m Hekkies	Rekord=(ZD17: GERDUS DUPLESSIS,AHS,2016,39.41)	84cm
Loting WAT;NELS;KEMP;AHS;GREY					
17	14:08		Finaal Seuns 16 400m Hekkies	Rekord=(ZD17: CONSTANT PRETORIUS,AHS,2010,0:54.51)	84cm
Loting NELS;KEMP;AHS;WAT;GREY					
18	14:14		Finaal Seuns 17 400m Hekkies	Rekord=(ZD17: CONSTANT PRETORIUS,AHS,2011,0:53.00)	84cm
Loting KEMP;WAT;AHS;NELS;GREY					
19	14:15		Finaal Seuns 19 Diskusgooi	Rekord=(ZD17: DEWALD VAN HEERDEN,KEMP,2009,54.61)	1.75kg
Loting AHS;GREY;WAT;NELS;KEMP					
20	14:20		Finaal Seuns 19 400m Hekkies	Rekord=(ZD17: CONSTANT PRETORIUS,AHS,2012,0:53.57)	91.4cm
Loting AHS;KEMP;GREY;WAT;NELS					
21	14:25		Finaal Dogters 14 100m	Rekord=(ZD17: MARYKE BRITS,KEMP,2008,12.70)	
Loting NELS;AHMP;WAT;KEMP					
22	14:30	B	Finaal Dogters 17 Hoogspring	Rekord=(ZD17: CHANTELE JV RENSBURG,KEMP,2011,1.65)	
Loting NELS;WAT;KEMP;AHMP					
23	14:30	A	Finaal Dogters 19 Hoogspring	Rekord=(ZD17: LISA-MARIE WIESE,AHMP,2010,1.63)	
Loting NELS;WAT;AHMP;KEMP					
24	14:30	A	Finaal Dogters 16 Verspring	Rekord=(ZD17: SHERINE VD WESTHUIZEN,KEMP,2015,5.35)	
Loting WAT;KEMP;AHMP;NELS					

25	14:30	B	Finaal Seuns 17 Verspring	Rekord=(ZD17: CONSTANT PRETORIUS,AHS,2011,7.02)	
Loting NELS;AHS;WAT;KEMP;GREY					
26	14:30		Finaal Seuns 14 100m	Rekord=(ZD17: THEMBO MONANENG,GRSF,2013,11.40)	
Loting KEMP;WAT;GREY;AHS;NELS					
27	14:30	B	Finaal Dogters 15 Spiesgooi	Rekord=(ZD17: CARLU LYONS,ELDO,2013,37.84)	500g
Loting AHMP;NELS;KEMP;WAT					
28	14:30	A	Finaal Seuns 15 Spiesgooi	Rekord=(ZD17: JOSHUA MAASS,NELS,2015,59.10)	600g
Loting KEMP;AHS;NELS;WAT;GREY					
29	14:30	B	Finaal Dogters 14 Gewigstoot	Rekord=(ZD17: Christelle Grobler,KEMP,2016,13.23)	3kg
Loting WAT;KEMP;NELS;AHMP					
30	14:30	A	Finaal Dogters 19 Gewigstoot	Rekord=(ZD17: GERALDINE DUVENHAGE,KEMP,2013,15.29)	4kg
Loting AHMP;NELS;KEMP;WAT					
31	14:35		Finaal Dogters 15 100m	Rekord=(ZD17: TOINETTE MURRAY,KEMP,2015,12.57)	
Loting WAT;KEMP;NELS;AHMP					
32	14:40		Finaal Seuns 15 100m	Rekord=(ZD17: RUBEN ELS,AHS,2015,11.02)	
Loting KEMP;NELS;WAT;AHS;GREY					
33	14:45		Finaal Dogters 16 100m	Rekord=(ZD17: DANTE MULLER,KEMP,2010,12.03)	
Loting KEMP;NELS;AHMP;WAT					
34	14:50		Finaal Seuns 16 100m	Rekord=(ZD17: THEMBO MONARENG,GRSF,2015,10.97)	
Loting GREY;WAT;AHS;KEMP;NELS					
35	14:55		Finaal Dogters 17 100m	Rekord=(ZD17: ANUSCHKA JV VUUREN,KEMP,2013,12.44)	
Loting NELS;AHMP;WAT;KEMP					
36	15:00		Finaal Seuns 17 100m	Rekord=(ZD17: ECKHARD ROSSOUW,KEMP,2013,10.77)	
Loting GREY;KEMP;NELS;WAT;AHS					
37	15:00		Finaal Dogters 17 Diskusgooi	Rekord=(ZD17: YOLANDI STANDER,AHMP,2015,45.24)	1kg
Loting WAT;KEMP;AHMP;NELS					
38	15:05		Finaal Dogters 19 100m	Rekord=(ZD17: MONIQUE VOSLOO,MON,2009,12.30)	
Loting NELS;KEMP;AHMP;WAT					
39	15:10		Finaal Seuns 19 100m	Rekord=(ZD17: JURIE LINDE,AHS,2013,10.54)	
Loting GREY;NELS;KEMP;WAT;AHS					
40	15:15		Finaal Dogters 14 1500m	Rekord=(ZD17: LESHAN CURLEWIS,WAT,2016,04:49.34)	
Loting KEMP;WAT;NELS;AHMP					
41	15:23		Finaal Seuns 14 1500m	Rekord=(ZD17: TIAAN JACOBS,KEMP,2009,04:31.04)	
Loting NELS;GREY;KEMP;WAT;AHS					
42	15:30	B	Finaal Seuns 14 Hoogspring	Rekord=(ZD17: TRISTAN NEL,AHS,2010,1.80)	
Loting AHS;WAT;GREY;NELS;KEMP					
43	15:30	A	Finaal Seuns 17 Hoogspring	Rekord=(ZD17: STEWAN BOTES,GAR ,2012,1.92)	
Loting GREY;AHS;NELS;WAT;KEMP					
44	15:30	A	Finaal Dogters 19 Verspring	Rekord=(ZD17: NADINE TEESEN,KEMP,2013,5.48)	
Loting NELS;WAT;AHMP;KEMP					
45	15:30	B	Finaal Seuns 16 Verspring	Rekord=(ZD17: STEFAN BRITS,KEMP,2008,7.35)	
Loting WAT;NELS;AHS;GREY;KEMP					
46	15:30		Finaal Dogters 15 1500m	Rekord=(ZD17: Kyla Meyer,KEMP,2016,04:45.88)	
Loting KEMP;WAT;AHMP;NELS					
47	15:30	A	Finaal Seuns 16 Spiesgooi	Rekord=(ZD17: BRENDAN SKINNER,GRSF,2015,67.44)	700g
Loting WAT;AHS;GREY;KEMP;NELS					
48	15:30	B	Finaal Seuns 19 Spiesgooi	Rekord=(ZD17: M SNYMAN,ELDO,2010,59.86)	800g
Loting NELS;GREY;AHS;KEMP;WAT					
49	15:30	A	Finaal Seuns 14 Gewigstoot	Rekord=(ZD17: FRANS VAN WYK,MON,2009,15.93)	4kg
Loting NELS;GREY;WAT;KEMP;AHS					
50	15:38		Finaal Seuns 15 1500m	Rekord=(ZD17: YSTER LOUW,KEMP,2012,04:18.84)	
Loting KEMP;GREY;WAT;AHS;NELS					

51	15:45		Finaal Dogters 16 1500m	Rekord=(ZD17: ANISCHA NICE,KEMP,2007,04:43.60)	
Loting KEMP;WAT;NELS;AHMP					
52	15:45		Finaal Dogters 15 Diskusgooi	Rekord=(ZD17: RIETTE HEUNS,AHMP,2011,41.03)	1kg
Loting KEMP;WAT;NELS;AHMP					
53	15:53		Finaal Seuns 16 1500m	Rekord=(ZD17: HENDRIK GROBBELAAR,ELDO,2012,04:05.05)	
Loting KEMP;NELS;WAT;GREY;AHS					
54	16:00		Finaal Dogters 17 1500m	Rekord=(ZD17: MONIQUE STANDER,KEMP,2012,04:39.38)	
Loting WAT;NELS;AHMP;KEMP					
55	16:08		Finaal Seuns 17 1500m	Rekord=(ZD17: GEORGE KUSCHE,AHS,2015,04:01.24)	
Loting WAT;KEMP;AHS;GREY;NELS					
56	16:15		Finaal Dogters 19 1500m	Rekord=(ZD17: CHANTE BESTER,KEMP,2012,04:39.20)	
Loting KEMP;WAT;AHMP;NELS					
57	16:20	A	Finaal Seuns 15 Verspring	Rekord=(ZD17: JACQUES MALAN,NELS,2010,6.38)	
Loting WAT;GREY;AHS;KEMP;NELS					
58	16:23		Finaal Seuns 19 1500m	Rekord=(ZD17: WARNO POTGIETER,KEMP,2015,03:55.26)	
Loting AHS;NELS;GREY;KEMP;WAT					
59	16:30	B	Finaal Seuns 14 Verspring	Rekord=(ZD17: ZANDER MAREE,WAT,2016,6.31)	
Loting GREY;WAT;NELS;AHS;KEMP					
60	16:30		Finaal Seuns 17 Diskusgooi	Rekord=(ZD17: BURGER LAMBRECHTS,GARS,2015,61.33)	1.5kg
Loting NELS;AHS;KEMP;WAT;GREY					
61	16:30	B	Finaal Dogters 19 Spiesgooi	Rekord=(ZD17: RENCIA FOURIE,ELDO,2008,50.42)	600g
Loting NELS;KEMP;WAT;AHMP					
62	16:30	A	Finaal Dogters 16 Gewigstoot	Rekord=(ZD17: WANZEL BREYTENBACH,AHMP,2012,14.74)	3kg
Loting AHMP;NELS;KEMP;WAT					
63	16:35	B	Finaal Seuns 16 Hoogspring	Rekord=(ZD17: LEE VAN DEN BERG,ELDO,2010,1.90)	
Loting GREY;NELS;KEMP;AHS;WAT					
64	16:35	A	Finaal Seuns 19 Hoogspring	Rekord=(ZD17: RUSSELL KOK,NELS,2010,2.00) (ZD17: Co,FRANCOIS COETZEE,NEL,2011,)	
Loting AHS;NELS;GREY;WAT;KEMP					
65	16:35		Finaal Dogters 14 400m	Rekord=(ZD17: KAYLA MEYER,KEMP,2015,0:59.78)	
Loting AHMP;NELS;KEMP;WAT					
66	16:35	B	Finaal Seuns 15 Gewigstoot	Rekord=(ZD17: FRANS VAN WYK,MON,2010,16.95)	4kg
Loting GREY;NELS;KEMP;WAT;AHS					
67	16:40		Finaal Seuns 14 400m	Rekord=(ZD17: DONOVAN GROBLER,AHS,2008,0:53.27)	
Loting NELS;AHS;KEMP;GREY;WAT					
68	16:45		Finaal Dogters 15 400m	Rekord=(ZD17: JANET SEELIGER,AHMP,2010,0:58.52)	
Loting NELS;WAT;AHMP;KEMP					
69	16:50		Finaal Seuns 15 400m	Rekord=(ZD17: RUBEN ELS,AHS,2015,0:49.72)	
Loting NELS;AHS;KEMP;GREY;WAT					
70	16:55		Finaal Dogters 16 400m	Rekord=(ZD17: ANRI STEYN,KEMP,2009,0:56.08)	
Loting KEMP;WAT;NELS;AHMP					
71	17:00		Finaal Seuns 16 400m	Rekord=(ZD17: QUINTIN PENNELS,KEMP,2015,0:50.65)	
Loting GREY;NELS;KEMP;WAT;AHS					
72	17:05		Finaal Dogters 17 400m	Rekord=(ZD17: JANET SEELIGER,AHMP,2012,0:56.57)	
Loting AHMP;WAT;NELS;KEMP					
73	17:10		Finaal Seuns 17 400m	Rekord=(ZD17: PIETER CONRADIE,AHS,2011,0:47.67)	
Loting WAT;KEMP;AHS;NELS;GREY					
74	17:15	A	Finaal Dogters 14 Verspring	Rekord=(ZD17: MARYKE BRITS,KEMP,2008,5.67)	
Loting KEMP;WAT;AHMP;NELS					
75	17:15		Finaal Dogters 19 400m	Rekord=(ZD17: CHANEL POTGIETER,KPT,2013,0:55.78)	
Loting KEMP;AHMP;NELS;WAT					
76	17:15		Finaal Dogters 14 Diskusgooi	Rekord=(ZD17: Christelle Grobler,KEMP,2016,36.91)	1kg
Loting AHMP;WAT;NELS;KEMP					

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77	17:20	B	Finaal Dogters 15 Verspring	Rekord=(ZD17: AASCAN SONNEKUS,KEMP,2011,5.50)	
Loting WAT;KEMP;AHMP;NELS					
78	17:20		Finaal Seuns 19 400m	Rekord=(ZD17: DWAYNE ANDREWS,MON,2010,0:47.07)	
Loting KEMP;WAT;AHS;GREY;NELS					
79	17:25		Finaal Dogters 14 90m Hekkies	Rekord=(ZD17: CARIEN PIENAAR,AHMP,2013,13.70)	76.2cm
Loting WAT;KEMP;AHMP;NELS					
80	17:25	B	Finaal Dogters 16 Spiesgooi	Rekord=(ZD17: ALETTA OOSTHUIZEN,ELDO,2007,44.13)	500g
Loting NELS;AHMP;WAT;KEMP					
81	17:25	A	Finaal Dogters 15 Gewigstoot	Rekord=(ZD17: YOLANDI STANDER,AHMP,2013,13.05)	3kg
Loting AHMP;KEMP;NELS;WAT					
82	17:25	B	Finaal Seuns 19 Gewigstoot	Rekord=(ZD17: FRANS SCHUTTE,NELS,2011,18.92)	6kg
Loting NELS;WAT;GREY;KEMP;AHS					
83	17:30		Finaal Dogters 15 100m Hekkies	Rekord=(ZD17: Liane Van Jaarsveld,KEMP,2016,13.94)	
Loting AHMP;WAT;NELS;KEMP					
84	17:35		Finaal Dogters 16 100m Hekkies	Rekord=(ZD17: JEANNELLE LAUBSCHER,GRSF,2012,14.75)	76.2cm
Loting KEMP;AHMP;WAT;NELS					
85	17:40		Finaal Dogters 17 100m Hekkies	Rekord=(ZD17: DANIELLE DU TOIT,WAT,2016,14.62)	76.2cm
Loting KEMP;NELS;WAT;AHMP					
86	17:45		Finaal Seuns 14 100m Hekkies	Rekord=(ZD17: BRENDAN HEYMANS,ELDO,2011,14.14)	76.2cm
Loting AHS;KEMP;GREY;NELS;WAT					
87	17:50		Finaal Dogters 19 100m Hekkies	Rekord=(ZD17: CHRIZANNE MARKRAM,KEMP,2013,15.13)	84cm
Loting KEMP;WAT;AHMP;NELS					
88	17:55		Finaal Seuns 15 100m Hekkies	Rekord=(ZD17: GIDEON MEIRING,KEMP,2008,13.44)	84cm
Loting NELS;KEMP;AHS;GREY;WAT					
89	18:00		Finaal Seuns 16 110m Hekkies	Rekord=(ZD17: ERNEST NEL,ELDO,2011,13.92)	84cm
Loting WAT;GREY;NELS;KEMP;AHS					
90	18:00	A	Finaal Seuns 15 Hoogspring	Rekord=(ZD17: LEE VAN DEN BERGH,ELDO,2009,1.84)	
Loting WAT;NELS;GREY;KEMP;AHS					
91	18:00	A	Finaal Seuns 19 Driesprong	Rekord=(ZD17: RUDI NIEMAND,NELS,2010,13.70)	
Loting KEMP;NELS;GREY;WAT;AHS					
92	18:00		Finaal Dogters 19 Diskusgooi	Rekord=(ZD17: YOLANDI STANDER,AHMP,2016,48.26)	1kg
Loting NELS;WAT;AHMP;KEMP					
93	18:00	A	Finaal Seuns 17 Spiesgooi	Rekord=(ZD17: JOHAN KOTZE,AHS,2011,62.35)	700g
Loting NELS;KEMP;AHS;WAT;GREY					
94	18:05		Finaal Seuns 17 110m Hekkies	Rekord=(ZD17: ANDRIES VAN DER MERWE,AHS,2011,14.00)	91.4cm
Loting WAT;GREY;KEMP;AHS;NELS					
95	18:05	A	Finaal Dogters 17 Gewigstoot	Rekord=(ZD17: GERALDINE DUVENHAGE,KEMP,2012,15.58)	3kg
Loting AHMP;KEMP;WAT;NELS					
96	18:10		Finaal Seuns 19 110m Hekkies	Rekord=(ZD17: GERHARD VAN DER HEEVER,AHS,2007,14.00)	99.5cm
Loting NELS;AHS;WAT;KEMP;GREY					
97	18:10	B	Finaal Dogters 19 Driesprong	Rekord=(ZD17: HANNELORE DAGUTAT,AHMP,2011,11.40)	
Loting WAT;AHMP;NELS;KEMP					
98	18:15		Finaal Dogters 14 800m	Rekord=(ZD17: KAYLA MEYER,KEMP,2015,2:18.22)	
Loting WAT;NELS;KEMP;AHMP					
99	18:20		Finaal Seuns 14 800m	Rekord=(ZD17: TIAAN JACOBS,KEMP,2009,2:04.39)	
Loting NELS;KEMP;GREY;AHS;WAT					
100	18:25		Finaal Dogters 15 800m	Rekord=(ZD17: MONIQUE STANDER,KEMP,2010,2:16.17)	
Loting WAT;AHMP;KEMP;NELS					
101	18:30		Finaal Seuns 15 800m	Rekord=(ZD17: TIAAN JACOBS,KEMP,2010,1:58.86)	
Loting KEMP;GREY;WAT;NELS;AHS					
102	18:35		Finaal Dogters 16 800m	Rekord=(ZD17: THATO MAKHATSO,MON,2010,2:14.14)	
Loting NELS;KEMP;WAT;AHMP					

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103	18:40	Finaal Seuns 16 800m	Rekord=(ZD17: TIAAN JACOBS,KEMP,2011,1:56.06)	
Loting GREY;KEMP;AHS;NELS;WAT				
104	18:45	Finaal Dogters 17 800m	Rekord=(ZD17: MONIQUE STANDER,KEMP,2012,2:13.30)	
Loting NELS;WAT;AHMP;KEMP				
105	18:45	Finaal Seuns 16 Diskusgooi	Rekord=(ZD17: Herman Agenbag,GREY,2016,48.83)	1.5kg
Loting GREY;WAT;KEMP;AHS;NELS				
106	18:50	Finaal Seuns 17 800m	Rekord=(ZD17: MICHAEL VAN ASWEGEN,KEMP,2009,1:55.16)	
Loting WAT;NELS;AHS;GREY;KEMP				
107	18:55	Finaal Dogters 19 800m	Rekord=(ZD17: ANUSHKA NICE,KEMP,2009,2:08.69)	
Loting KEMP;WAT;AHMP;NELS				
108	19:00	A Finaal Dogters 15 Hoogspring	Rekord=(ZD17: JEANE MINNAAR,AHMP,2016,1.71)	
Loting WAT;NELS;KEMP;AHMP				
109	19:00	A Finaal Seuns 17 Driesprong	Rekord=(ZD17: CHRISTI LEROUX,AHS,2016,13.86)	
Loting KEMP;AHS;NELS;WAT;GREY				
110	19:00	Finaal Seuns 19 800m	Rekord=(ZD17: MICHAEL VAN ASWEGEN,KEMP,2010,1:53.97)	
Loting KEMP;NELS;GREY;WAT;AHS				
111	19:05	Finaal Dogters 14 200m	Rekord=(ZD17: DANIELLE VAN ZYL,AHMP,2013,25.84)	
Loting AHMP;WAT;KEMP;NELS				
112	19:10	Finaal Seuns 14 200m	Rekord=(ZD17: THEMBO MONANENG,GRSF,2013,23.49)	
Loting AHS;WAT;KEMP;GREY;NELS				
113	19:15	B Finaal Dogters 17 Driesprong	Rekord=(ZD17: HANNELORE DAGUTAT,AHMP,2010,11.58)	
Loting KEMP;WAT;NELS;AHMP				
114	19:15	Finaal Dogters 15 200m	Rekord=(ZD17: TEBOGO MAMATHU,MON,2010,25.36)	
Loting KEMP;WAT;NELS;AHMP				
115	19:20	Finaal Seuns 15 200m	Rekord=(ZD17: RUBEN ELS,AHS,2015,22.13)	
Loting NELS;AHS;WAT;GREY;KEMP				
116	19:20	A Finaal Dogters 17 Spiesgooi	Rekord=(ZD17: RENCIA FOURIE,ELDO,2007,45.98)	500g
Loting AHMP;NELS;KEMP;WAT				
117	19:25	Finaal Dogters 16 200m	Rekord=(ZD17: JANETTE SEELIGER,AHMP,2011,25.50)	
Loting WAT;AHMP;NELS;KEMP				
118	19:30	Finaal Seuns 16 200m	Rekord=(ZD17: STEFAN BRITS,KEMP,2008,21.88)	
Loting KEMP;AHS;NELS;GREY;WAT				
119	19:30	Finaal Seuns 14 Diskusgooi	Rekord=(ZD17: JANDRE SLABBERT,AHS,2009,49.24)	1kg
Loting NELS;GREY;AHS;KEMP;WAT				
120	19:35	Finaal Dogters 17 200m	Rekord=(ZD17: Sherien Vd Westhuizen,KEMP,2016,25.66)	
Loting KEMP;WAT;NELS;AHMP				
121	19:40	Finaal Seuns 17 200m	Rekord=(ZD17: ECKHARD ROSSOUW,KEMP,2013,21.80)	
Loting WAT;NELS;AHS;KEMP;GREY				
122	19:45	Finaal Dogters 19 200m	Rekord=(ZD17: MONIQUE VOSLOO,MON,2009,25.26)	
Loting KEMP;NELS;WAT;AHMP				
123	19:50	Finaal Seuns 19 200m	Rekord=(ZD17: JACQUES DE SWARDT,AHS,2010,21.55)	
Loting NELS;AHS;WAT;GREY;KEMP				
124	19:55	Finaal Dogters 17 3000m	Rekord=(ZD17: MONIQUE STANDER,KEMP,2012,10:07.55)	
Loting KEMP;WAT;NELS;AHMP				
125	20:10	Finaal Seuns 17 3000m	Rekord=(ZD17: W POTGIETER,KPT,2013,09:09.04)	
Loting GREY;AHS;KEMP;NELS;WAT				
126	20:15	Finaal Dogters 16 Diskusgooi	Rekord=(ZD17: SIRIETTE BOTHA,ELDO,2008,43.79)	1kg
Loting KEMP;NELS;AHMP;WAT				
127	20:25	Finaal Dogters 19 3000m	Rekord=(ZD17: ELLEN MYNHARDT,ELDO,2010,08:41.38)	
Loting KEMP;NELS;WAT;AHMP				
128	20:40	Finaal Seuns 19 3000m	Rekord=(ZD17: IAN SLINGER,ELDO,2013,08:25.50)	
Loting WAT;KEMP;AHS;NELS;GREY				

129	21:00	Finaal Dogters 14 4X100m Aflos	Rekord=(ZD17: RELAY TEAM,AHMP,2013,0:51.44)
Loting AHMP;KEMP;NELS;WAT			
130	21:04	Finaal Seuns 14 4X100m Aflos	Rekord=(ZD17: A RELAY TEAM,AHS,2012,0:41.90)
Loting AHS;KEMP;GREY;WAT;NELS			
131	21:08	Finaal Dogters 15 4X100m Aflos	Rekord=(ZD17: RELAY TEAM,MON,2010,0:51.06)
Loting KEMP;NELS;AHMP;WAT			
132	21:12	Finaal Seuns 15 4X100m Aflos	Rekord=(ZD17: RELAY TEAM,AHS,2015,0:44.02)
Loting AHS;WAT;KEMP;GREY;NELS			
133	21:16	Finaal Dogters 16 4X100m Aflos	Rekord=(ZD17: RELAY TEAM,KEMP,2010,0:50.31)
Loting WAT;AHMP;NELS;KEMP			
134	21:20	Finaal Seuns 16 4X100m Aflos	Rekord=(ZD17: RELAY TEAM,AHS,2013,0:43.87)
Loting AHS;KEMP;WAT;NELS;GREY			
135	21:24	Finaal Dogters 17 4X100m Aflos	Rekord=(ZD17: RELAY TEAM,AHMP,2012,0:49.82)
Loting AHMP;NELS;WAT;KEMP			
136	21:28	Finaal Dogters 19 4X100m Aflos	Rekord=(ZD17: RELAY TEAM,KEMP,2013,0:49.35)
Loting NELS;WAT;KEMP;AHMP			
137	21:32	Finaal Seuns 17 4X100m Aflos	Rekord=(ZD17: RELAY TEAM,ELD,2013,0:42.31)
Loting GREY;NELS;AHS;KEMP;WAT			
138	21:36	Finaal Seuns 19 4X100m Aflos	Rekord=(ZD17: A RELAY TEAM,AHS,2012,0:41.40)
Loting KEMP;WAT;GREY;AHS;NELS			